

Dear Parent/carer,

I hope this email finds you safe and well.

Mindful that your child may well be spending more time online to access remote learning tasks during this period of School closure, I am forwarding you several informative links to articles and advice that relate to e-Safety that I hope you will find useful. Similar links have today been sent to your child's School email account, so they remain safe and savvy online.

[WhatsApp: a guide for parents and carers](#)

Teenagers love WhatsApp – as do a lot of parents. Here's what parents need to know about it.

[How can your child deal with in-game bullying?](#)

Dealing with in-game abuse can be extremely upsetting, distressing and draining. Liam Hackett from anti-bullying charity [Ditch the Label](#) gives advice on what your child should do if they are being subjected to in-game bullying.

[Snapchat: a parent's guide](#)

Everything you need to know about Snapchat, the hugely popular picture sharing app.

[VPNs: What are Virtual Private Networks?](#)

A parent's guide to Virtual Private Networks (VPNs) from NCA-CEOP's Leah Buck.

[Online teen speak](#)

Wondering what your children are tapping into their phones? Or, in fact, what it means? Here's our parent's guide to some popular teen chat acronyms and slang words.

[What is - and isn't - legal online?](#)

The digital world is so new that half the time we don't know what the rules are. In fact, there are plenty of laws governing what you can and can't do online. Here's our guide to what you should and shouldn't be doing online (legally, anyway).

[Setting filters on Google](#)

Google is often the first port of call for homework and curiosity of all kinds. Here's how to guard against adult content appearing in your children's Google searches.

[Social media apps: setting safety and privacy settings](#)

Here's how to set parental controls on apps such as Facebook, Twitter and Instagram.

[What are parental controls and how can they help children stay safe online?](#)

Filters and parental controls won't keep your children safe online, but they are a useful first line of defence. Here's what parents need to know.

[Beware fraud and scams during Covid-19 pandemic fraud](#)

Criminals are using the Covid-19 pandemic to scam the public – don't become a victim.

As always you can stay up to date with the latest developments with e-safety via our website which can be accessed here: <https://www.heles.plymouth.sch.uk/esafety>

Please do not hesitate to contact me if I can be of further assistance.

Kind regards

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