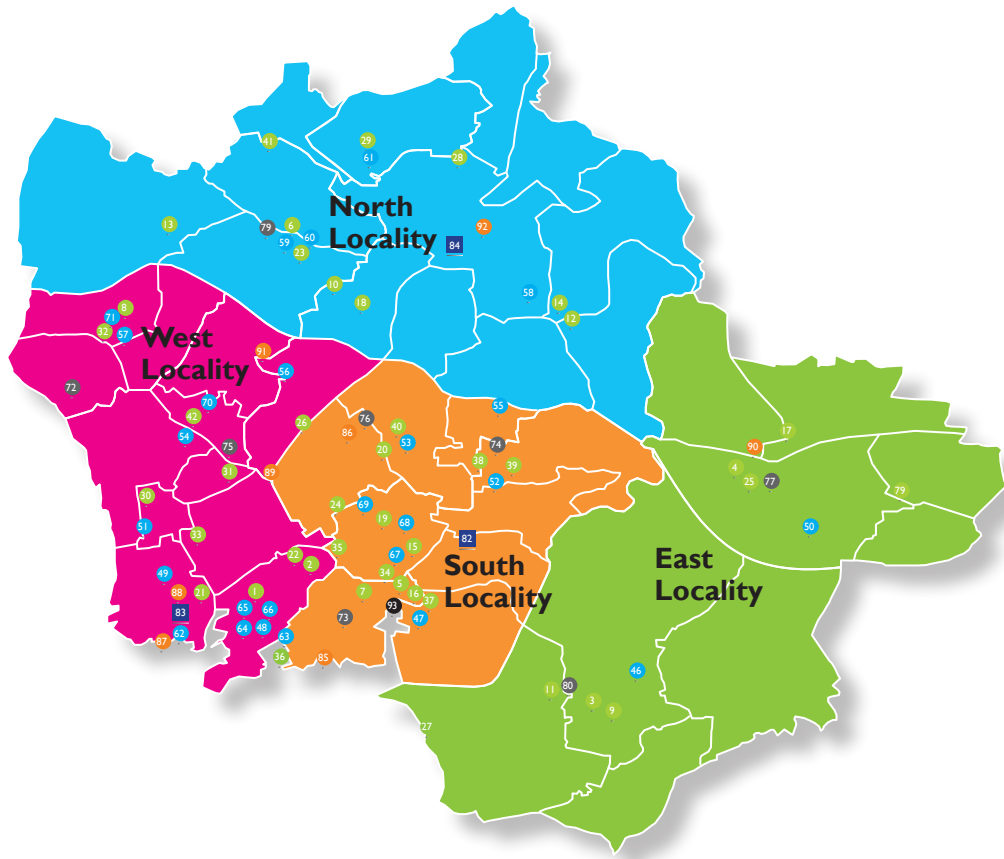


Wellbeing Hubs



- GPs/Health
- Community
- Job centre
- Leisure
- Targeted Hub
- Specialist



Northern, Eastern and Western Devon
Clinical Commissioning Group

Strategic Co-operative Commissioning
Plymouth City Council
Windsor House
Plymouth
PL6 5UF
Tel: 01752 307074
Email: jointcommissioningasc@plymouth.gov.uk
www.plymouth.gov.uk





Why Wellbeing Hubs?

Wellbeing Hubs offer an opportunity to provide support for people in their local community. Feedback from patients, communities and providers shows there is a willingness to try a different approach to accessing health and social care, Wellbeing Hubs enable this transition.

The local model will support regional and national direction in creating a transformational place based model of care that reduces pressure on the health and wellbeing system across acute, secondary and primary care settings. This will involve remodelling of services, the workforce, and estates in a way that prevents the need for care and support, and enables smooth and efficient transition to primary and community settings. The model will deliver sustainability, create consistency, improve outcomes, respond to local need, and join up services across sectors.



What is a Wellbeing Hub?

A Wellbeing Hub is a network of resources and services that have a part to play in improving health and wellbeing. They will communicate and work together to provide joined up, quality, consistent information and support for individuals to promote wellbeing, independence, recovery and reablement.

At present there are expected to be three tiers of Wellbeing Hubs:

Universal Hubs – this tier will build the health literacy of the universal workforce ensuring that a consistent core offer of advice, information and signposting is available at all opportunities. It will ensure that the web based / digital offer is comprehensive and accessible enabling people to seek out information directly.

Targeted Hubs – in addition to the core universal offer this is where specific interventions or services that support patient activation and self-management are delivered in targeted locations according to need

Specialist Hubs – in addition to both the core universal and targeted offers, specialist clinical health and social care interventions will be delivered in these hubs



Who can access Wellbeing Hubs?

Wellbeing Hubs will be open to all members of the public.



How can people access services?

Members of the public can access the services directly through a Wellbeing Hub; no referral or appointment is required. Staff at the Hub will be able to discuss the person's concerns and suggest appropriate services.

Online, the team are currently exploring website opportunities that in time will provide advice and information and signpost to Plymouth's local services.

Through the Advice Plymouth Helpline (03444 111444)

Some people may benefit from additional support, in which case social prescribing will be available in many areas of the city.



What services are on offer?

No one size fits all – each hub will have a different network that works and makes sense locally, the first Wellbeing Hub, the Jan Cutting Healthy Living Centre currently supports:

- ▶ Housing, legal benefits, debt support, care advocacy
- ▶ Counselling, befriending and other support groups
- ▶ Employment and volunteering
- ▶ Education, training, learning and digital inclusion
- ▶ Healthy Lifestyles and health promotion
- ▶ Social and peer support activities
- ▶ Arts, crafts and therapeutic activities

Plymouth City Council, NEW Devon CCG and a large range of partners across the public and voluntary, community and social enterprise sectors are currently working through the blueprint for future Wellbeing Hubs to ensure they meet the needs of the local population.