

Hele's School parent and carer Safeguarding newsletter

An introduction to Safeguarding



Welcome to our termly safeguarding newsletter which over the academic year will share with you the latest safeguarding information, PSHE details and helpful resources for you and your children.

What is safeguarding?

Safeguarding refers to the measures and actions we take to protect children from harm, abuse and neglect, as well as promoting their health and development. At Hele's School, the safety and well-being of our students is at the heart of everything we do.

All our students have an equal right to feel safe in every aspect of their lives, and to thrive in an environment where they feel respected and listened to.

We have both a statutory obligation and a moral responsibility to make sure that we address, challenge and report any instances where it is felt that this is not happening.

Our work is guided by Working Together to Safeguard Children and Keeping Children Safe in Education.

As parents and carers, you play a vital role in supporting your child's safety both at school and in the wider community. It is essential we work together by having open communication, mutual respect and shared understanding to support our young people, keep them safe and promote their well-being.

Hele's School Safeguarding Leads and Pastoral teams:



Mr K Stone
Deputy Safeguarding Lead

Miss K Glasspoole
Deputy Safeguarding Lead

Mrs S Crawford
Designated Safeguarding Lead

Year 7 Team
Mrs E Crosley
Miss M Keen

Year 8 Team
Mr J Carwardine
Miss C Best

Year 9 Team
Mrs S Aldersley
Mrs A Reilly

Year 10 Team
Mrs S Prifti
Mrs S Cowling

Year 11 Team
Mrs G Stewart
Mrs J Dyer

Sixth Form Team
Mr K Stone
Mrs L Curts

We work closely with local authorities, health services and other professionals to ensure that our students receive the support they need.

Team around Hele's School

Education Welfare Officer Hayley Galloway	Mental Health Support Team Stacey Mullett	Place2Be Counsellor Susy Putnam
Early Help Coordinator Samara Rolt	Educational Psychologist Olivia Blanchette	Youth Worker Lottie Hawkins
School Nurse Bryony Clarke	Local Authority link worker for inclusion Steff Gallacher	Police PC Steve Cunningham

What to do if you have a safeguarding concern for your child or another young person?

Please email the Safeguarding Team on safeguarding@heles.plymouth.sch.uk or alternatively you can contact the relevant Pastoral Team directly.

If your concern is urgent, please contact Families First, Plymouth – 01752 668000.

If a child is in immediate danger, please contact 999.

Remember these important messages:

- All children have a right to be safe no matter what their circumstance.
- Keeping children safe is everyone's responsibility.
- We all need to listen to children even though we may not always be comfortable with what we hear.
- We cannot keep safeguarding concerns about children and young people confidential and may need to pass on information to Social Care or the Police.

External support available:

Kooth: www.kooth.com

ChildLine: www.childline.org.uk - Phone: 0800 1111

The Zone: www.thezoneplymouth.co.uk

Young Minds: www.youngminds.org.uk

Samaritans: www.samaritans.org - Phone: 116 123

Please email glasspoolek@heles.plymouth.sch.uk to give us feedback on the usefulness of this newsletter and to let us know if there are certain topics you would like to see discussed.