

A

**GROWTH
MINDSET**

**MEANS THAT
YOU BELIEVE**
intelligence
CAN BE
developed

And you have a
PASSION
To
LEARN

Embrace
Challenge
Learn
From
Mistakes

Year 7
Year 8
Year 9
2026

**KEEP
GOING**
When things get
TOUGH

BE
INSPIRED
BY THE
GREATNESS
IN OTHERS

**A
N
D**

SEE
EFFORT
AS THE
PATH
TO
MASTERY

Enrichment
20th-22nd July 2026



Enrichment

Monday 20th July—Wednesday 22nd July 2026

Enrichment

Neighbourhood

Respect

Innovation

Challenges

Happiness

Memories

Engagement

Team building

Welcome to the booklet for 'Enrichment' 2026! During these 3 days the normal school timetable will be suspended and replaced by a fabulous menu of activities to suit all interests, giving all young people the chance to try new things or improve their skills and knowledge in existing hobbies or interests and to work with other young people across the age range.

There are opportunities for sports, outdoor and adventure activities, creative and arts-based activities, science, technology and nature experiences ; we have tried hard to cater for all interests and budgets and we are convinced that there will definitely be something in this booklet to light every young person's fire!

Choosing an Activity

Please read through all the activity details in this booklet. Some activities may require early-morning departures or may return to school later than usual, and some activities may require students to meet at an alternative location, e.g. Golf. It is important that young people can make their own way safely to and from the venues at these times should they wish to pick these activities.

Places will not always be allocated on a first-come first served basis, although we will look at when applications are received where activities are over-subscribed. We will endeavour to meet the requests of as many students as possible **across their 3 choices**. Please do not rush into a decision but read all the information carefully before submitting your choices.

Application process: Students should choose three activities in order of preference and complete the online application form which will be sent by email to all parents. Using this system, all applications will automatically be date and time stamped and no paperwork can then go astray. The deadline for all applications is **8am Monday 15th December**.

The application form link can be accessed by clicking the link below:

APPLICATION FORM (Open from 9am Saturday 6th December)

Confirmation of a place on an activity will be given as soon as all lists of participants have been agreed. We anticipate that this will be some time early in Term 3 and will appear on your ParentPay account as confirmation that your child has been allocated to an activity. Once your choice has been confirmed you will NOT be able to swap to another activity without consent, so choose wisely!

Whilst we will do everything we can to satisfy first choices, this may not always be possible, there are over 700 students making choices and most of the activities have a maximum number of participants. Likewise, if there are insufficient numbers opting for an activity then regrettably the activity may need to be cancelled and the student offered an alternative. If you have any questions about an activity you are interested in, then please email Dyerp@heles.plymouth.sch.uk

Conduct and Behaviour

We expect students to maintain their high standard of conduct and behaviour during Enrichment . We welcome applications for all activities from all students, but in exceptional circumstances it may be that a young person is refused a place on the grounds of previous, poor or dangerous behaviour. We take our safeguarding duties seriously and are not willing to jeopardise the enjoyment or safety of any child on any activity. Alternative on-site provision would be made for any student who is felt to pose too much of a risk to take part in particular activities. Likewise, instances of poor or dangerous behaviour during an activity may result in a child being removed from an activity. If this is the case, a refund will not be possible and parents/carers may be instructed to collect them from where the activity is taking place.

Attendance

Please note that Enrichment is an integral part of your child's education. Attendance is **NOT** optional; it is part of our school term and it is important that normal attendance is maintained. Any absence not supported by an acceptable reason (e.g. illness or medical appointment) will be recorded as an unauthorised absence.

Other Information

If a student is in receipt of a free school meal (FSM) then these will be ordered in advance for them. Otherwise, meals can be purchased from the school canteen as normal for school-based activities. Off-site activities will require a packed lunch to be provided or money to purchase refreshments where appropriate.

And finally...

We know that Enrichment will be a fun, action-packed and deep learning experience for all involved; we can't wait! I hope that you share our enthusiasm as you read through this booklet and see the opportunities on offer to our young people. Our intention is to make this an awesome week so that it continues to be a central part of the Hele's School experience each year!

Emma Clapham, Principal (on behalf of the Enrichment Team)

Enrichment has the following key learning objectives:

- ◆ To provide our learners with a valuable social and educational experience (not usually available within the traditional school day) during which they can:
 - develop self confidence and self esteem;
 - improve their motivation to learn new and challenging skills;
 - enhance their communication skills;
 - learn and develop team working skills;
 - become resourceful and resilient;
 - accept and take on increasing levels of responsibility;
 - change/develop attitudes and values and respect the value of differences between people.
- ◆ To provide an inclusive programme of learning which meets all budgets and interests.
- ◆ To provide a programme which gives learners opportunities to gain national qualifications and certificates, wherever appropriate.
- ◆ To provide opportunities for learners to experience success and to celebrate their achievements.
- ◆ To develop trust and whole school team spirit throughout the week – developing, improving and strengthening relationships between learners, staff and the community.
- ◆ To provide learners with opportunities to complete active citizenship projects.
- ◆ To engage learners in fun and active reviews, where they reflect and think about what they have learned about themselves and others from these experiences, how they could benefit from these insights both back at school and in other areas of their life.

Payment for Activities

The cost for each activity is shown at the bottom of each page, along with arrangements for payment. Some costs are approximate and will usually depend upon the final numbers opting for each activity, **although the amount shown in the booklet will be the maximum amount you can expect to pay**. Arrangements have been made to try to subsidise activities wherever possible to keep costs manageable.

Payments cannot be made until places have been confirmed ; at this point the charge will appear on your ParentPay account. Once you have received confirmation of your child's place on an activity, you will be asked to pay either the amount in full or to pay the first instalment. Please refer to the individual activity outlines for payment requirements. Payment will act as a **non-refundable** and **non-transferable** deposit, so please make choices carefully! (Note: the only exceptions to this rule are if the school has to cancel an activity due to insufficient numbers opting to do it or if an activity is cancelled by the provider (e.g. due to Covid) . In such circumstances the deposit will be refunded in full.)

Deposits will be required by **31st January 2026**. Where costs are split in to three, the second payments will be required by **Monday 30th March 2026**. All payments must be completed by **Wednesday 29th April 2026** for a student to participate in their chosen activity. No changes to activities will be allowed after this date unless agreed by the Finance Department.

All payments should be made via the **ParentPay** link. This gives the flexibility to make payments whenever you choose, as well as eradicating the risk of your child 'misplacing' your hard earned cash or cheques on their way to school! ParentPay can be accessed via the school website:

www.heles.plymouth.sch.uk

If you do not have access to the internet and ParentPay, you can request a **BARCODE** letter which will link to the activity your child is assigned to.

If students are taking part in an activity that involves long journeys or specialist activities, you may be invited to an information evening nearer the time. This will give you a chance to meet staff members and find out more about the activity.

Finance Support: 01752 334191

If you have already received a letter advising you of Pupil Premium funding to support your child this academic year and wish for this to be considered for Enrichment, please contact the Finance Department for further advice.

For all other students, if payment is a barrier to participation, please contact the Finance Department for further advice.





Action Unpacked

24
Places



Feel the NEED for ADVENTURE?

Experience a range of land & water based outdoor activities in our local area during the three days of activities.

You will take part in various activities including: paddle sports at Oreston , indoor climbing at the climbing barn, mountain biking and bushcraft at Saltram.

Explore some of the beautiful countryside that is on our doorstep, while undertaking the activities. This might lead you to developing a lifelong passion for returning to the area and the activities you undertake.

All specialist equipment will be provided but you will need to have suitable clothing, including a waterproof coat or jacket and footwear you can walk in all day and over a range of terrains. For the water activities you will need a change of clothes, shoes that you don't mind getting wet and a windproof jacket or cagoule.

If you have a wetsuit bring it along, but it's not essential. Wetsuits and waterproof cagoules will NOT be provided for the water based activities.

Mainly you will need a positive attitude about trying new things, the ability to work as part of a team and a good sense of humour.
"Feel the fear and do it anyway"!

Transport is included to all venues.

Activity Leader	Mr Smith
Total Cost	£100
Deposit due by 31st January	£40
Payment plan	£30 by 30.3.26 , £30 by 29.4.26
Curriculum links & key skills	PE, Personal Development, Leadership, Teamwork, Employability Skills
Useful Information	Minibus travel is included each day from school. You do need to be able to swim 50m.



Animal Antics

90
Places



Do you have an interest in wildlife or exotic animals? This activity will give you the chance to see a range of different species up close and learn about them and their natural habitats. You will have the chance to learn about sharks, see lions and tigers.

You will visit :

- ◆ Plymouth Aquarium with a sustainability tour and workshop
- ◆ Paignton Zoo
- ◆ Woodlands Theme Park

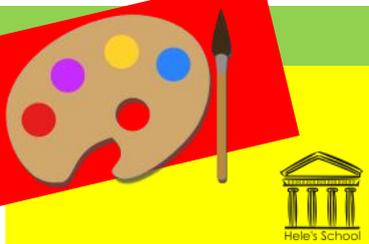
This option will allow you to build an understanding about some of the issues facing animals around the world and to investigate some of those who live on our coasts.



Activity Leader	Mr Dyer
Total Cost	£60
Deposit due by 31st January	£20
Payment plan	£20 by 30.3.26, £20 by 29.4.26
Curriculum links & key skills	Science, Geography, Personal Development, Employability Skills, Conservation
Useful Information	All transport and entrance fees included. Packed lunch needed each day.

Art in Nature

20
Places



Dive into the beauty of the natural world with our Art in Nature workshops!

Over three exciting days, you'll explore how the wonders of nature inspire creativity through hands-on activities, group challenges, and individual projects.

From painting and drawing out in our beautiful surroundings to crafting sculptures using found materials, you'll uncover the connection between the environment and artistic expression.

On one day we will be visiting the Box, in Plymouth

Get ready to create, explore, and be inspired—nature is your canvas!



Activity Leader	Ms Wakeham & Miss Roberts
Total Cost	£42
Deposit due by 31st January	£22
Payment plan	£20 by 30.3.2026
Curriculum links & key skills	Team Building, Creative, Employability Skills, Health and Well Being
Useful Information	Transport to the Box is included.

A Little Bit Dramatic

40
Places



Join us for 3-days of Dramatic Arts

Spend the Enrichment period immersing yourselves in the love of all things theatre

Activities will include a visit to London to see a West End Show, a workshop at the Barbican Theatre and a day of theatre activities at school.

Please note, we are busy finalising activities, and some may be subject to change

We will be returning to school later than the end of the school day on Wednesday, details to be confirmed.



Activity Leader	Mr Sam Jones
Total Cost	£235
Deposit due by 31st January	£75
Payment plan	£80 by 30.3.26, £80 by 29.4.26
Curriculum links & key skills	Team Building, Creative, Employability Skills
Useful Information	Transport is included.

Hele's Block Buster Movies

30
Places



Returning for 2026!
Calling all movie fans



- ... Ever dreamed of web-slinging like **SPIDERMAN**?
- ... Fighting crime like **BATMAN**?
- ... Cataloguing fantastic beasts like **NEWT SCAMANDER**?

Or do you think you could make these films better? Try your hand at costume and prop design, script writing, acting, directing and editing.

Join us at Hele's Goes To Hollywood and you could re-create your own Hollywood blockbuster (on a slightly smaller budget!)

**Plan, shoot and edit your own
60 SECOND BLOCKBUSTER!**



Activity Leader	Mrs Steph Hammond
Total Cost	£11
Deposit due by 31st January	£11
Payment plan	
Curriculum links & key skills	Team Building, Creative, Employability Skills
Useful Information	Based on site at Hele's

Decoupage

30
Places



Discovering Decoupage

New for 2026!

Unlock your creativity in a three day hands-on decoupage workshop!

Learn how to transform everyday objects using paper cut-outs, patterns, and glue to create unique, decorative designs.

No artistic experience needed — just imagination and a willingness to try something new.

By the end of the sessions, you will take home your beautifully crafted piece.



Discover the fun of turning simple materials into art!



Activity Leader	Ms Sam Oram
Total Cost	£16
Deposit due by 31st January	£16
Payment plan	
Curriculum links & key skills	Team Building, Creative, Employability Skills
Useful Information	Based on site at Hele's



Get Stuck In!

**30
Places**



Are you interested in trying lots of different things, and pushing yourself! Do you work well in a team? Can you help others? Are you someone who likes to use their initiative?

We are looking for people who like to get stuck in and give everything a go!

Get Stuck In offers a variety of different activities during the course of the 3 days, from climbing heights to practical skills, to water based and adventure activities. For some of you, some of these activities will be new and you may find you have to step out of your comfort zone. All you need is a 'can do' attitude alongside a willingness to be involved. Can you challenge yourself and 'Get Stuck In'?!

- ◆ Go Ape at Haldon Forrest
- ◆ Woodlands Adventure Park
- ◆ Royal William Yard for Watersports

Transport is included to all venues.



Activity Leader	Mrs Allen
Total Cost	£130
Deposit due by 31st January	£40
Payment plan	£45 by 30.3.26, £45 By 29.4.26
Curriculum links & key skills	PE, Teamwork, Personal Development
Useful Information	Water Sports Day: You need to be water confident even if not able to swim far, but all participants are provided with a buoyancy aid and a wetsuit with inherent buoyancy.



Golf Galore

20
Places



Are you a golfing superstar in the making?
Do you just fancy giving a new game a go?
Then this activity is for you!

Golf at Boringdon Golf Club

You will be given tuition by the club pros and put through your paces on the practice ground and on the course. There will be competitions throughout the 3 days, assessments, and certificates will be presented based on your development. You will take part in a Ryder Cup type competition at the end.

Coaching sessions on the following :-

"Accurate irons" - swinging with consistency and accuracy

"Driving for show"- driving the ball long and straight

"Putting like the pros" - gaining confidence over those nasty 5 footers

"Chipping and pitching it close"- getting up and down will knock shots off your score

"Bunker play" - playing from the sand will be easy after this session

Play on the 9 hole course with confidence after your coaching sessions. With lots of prizes to be won this is going to be an exciting time of golfing fun!

Open to everyone, even if you don't have a handicap - girls and boys of all standards welcome to attend. Come and join the fun!

You do
make
way to



need to
your own

Activity Leader	Mr Carwardine
Total Cost	£95
Deposit due by 31st January	£35
Payment plan	£30 by 30.3.26 , £30 by 29.4.26
Curriculum links & key skills	PE, Experience of workplace, Employability Skills, Personal Development
Useful Information	See Mr Carwardine for advice on suitable shoes/trainers. You will need to make your own travel arrangements to Boringdon Golf Club.



Horse Riding & Stable Management

30
Places

Do you love horses and want to learn more about horse care? Do you want to learn to ride a horse? Or improve your horse riding? Then this activity will be right up your street, regardless of ability!

Join us for an action packed time at Fitzworthy Riding Stables, Corntown, near Cornwood.

You will be trained in stable management and general horse care with a very hands on approach and also receive basic riding instruction, plus there will be a woodland ride.

At the end of the 3 days we will have our very own gymkhana to show off the skills you have learnt and compete for rosettes; a fantastic and fun way to end our activity!

The centre has an indoor riding school too!

Hard hats are provided.



Activity Leader	Mrs Greet
Total Cost	£200
Deposit due by 31st January	£80
Payment plan	£60 by 30.3.26, £60 by 29.4.26
Curriculum links & key skills	Teamwork, Communication, PE, Employability Skills, Personal Development
Useful Information	Transport and riding hats are provided. No open shoes or jeans allowed.



Just Dance

20
Places

- ...Want to learn how dance?
- ...Want to develop the basics?
- ...Want to Show off your skills to your friends?

Do you think you would like to create and choreograph? Attend a workshop from a highly qualified, experienced teacher in a brand new studio setting! Join in with some fun crazy games to get the creative thoughts flowing...work with others or individually to choreograph your own solos, duets, trios or groups ready for your own showcase on the final day!



Information from:	Mrs Blandin-Neaves & Miss Treleaven
Total Cost	£30
Deposit due by 31st January	£30
Payment plan	
Curriculum links & key skills	Leadership, Communication, Teamwork, Employability Skills, Personal Development
Useful information	



Mini Adventures

**150
Places**



A busy 3 days trying various fun activities that may take you out of your comfort zone! Learn how to work as a team and make decisions.

Open to Y8 and Y9 Only

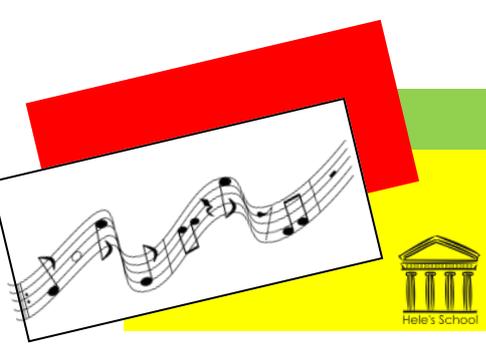
Activities include:

- Woodlands: Fun at Woodlands Theme Park
- Splashdown: Waterpark, Paignton
- Crealy: Adventures Park

Packed lunches will be required each day. Transport is included.



Information from:	Mr Dyer
Total Cost	£75
Deposit due by 31st January	£25
Payment plan	£25 by 30.3.26, £25 by 29.4.26
Curriculum links & key skills	PE, Leadership, Communication, Teamwork, Employability Skills, Personal Development
Useful information	You need to be water confident even if not able to swim far.



School of Rock

**30
Places**



New for 2026



For three epic days, Mr Sporle and Mr O'Hara are turning Enrichment Week into a full-on *School of Rock* adventure – and it's completely free!

Whether you're already a musician or you've always wanted to learn, this is your chance to dive into a world of music. You'll spend your time playing, writing, analysing, and performing in a fun, creative environment.

And to top it all off, there's a bonus film screening at the end!

If you're ready to unleash your inner rock star, sign up now and join the band!



Information from:	Mr Atkinson-Sporle & Mr O'Hara
Total Cost	No Cost
Deposit due by 31st January	No Cost
Payment plan	
Curriculum links & key skills	Leadership, Communication, Teamwork, Employability Skills, Personal Development
Useful information	



Sports Mania!

30
Places

Could there be any better way of finishing the school term than an action-packed few days of sport? Using a network of professional providers and contacts we aim to give you the best send off to the summer!

Our activity is likely to include all your favourite sports at Hele's as well as Climbing at Plymouth Climbing Hangar, A Tour and Training with Plymouth Argyle ,and Tennis and Pickleball on site.

Each day we will meet in the Sports Hall before participating in activities by one of the chosen providers, or we could be travelling to see them in their natural setting! On site activities will finish by 3pm and off-site activities will see us returning to school as close to 3pm as possible.



Activity Leader	Mr Cusack
Total Cost	£95
Deposit due by 31st January	£35
Payment plan	£30 by 30.3.26, £30 by 29.4.26
Curriculum links & key skills	PE, Teamwork, Communication, Employability Skills, Fitness, Problem Solving, Personal Development
Useful Information	Transport is included



Surf's Up

24
Places



Are you a real water baby? Do you love and admire our fantastic South Devon coastline and all it has to offer? Or are you the sort of person that simply relishes a challenge? If you are any of these, then you will enjoy everything that this 3-day surfing package has to offer.

By the end of the 3 days you will (we hope) be competent enough to stand on a surf board and catch waves unassisted. Depending on your progress, you may even be able to ride your board freestyle! You will learn new skills, work as part of a team and take part in physical challenges. Having lots of fun in the water is also a certainty.

We will travel to Bigbury Beach by minibus each day from Hele's School. You will receive 3-4 hours of surfing tuition each day. All surfing equipment (surf board, wetsuit, safety vests) will be provided and included in the price.



Activity Leader	Mr Lovell
Total Cost	£185
Deposit due by 31st January	£65
Payment plan	£60 by 30.3.26, £60 by 29.4.26
Curriculum links & key skills	PE, Teamwork, Communication, Employability Skills, Fitness, Problem Solving, Personal Development
Useful Information	You should be confident in the water and able to swim at least 50m.



Water Sports at Mountbatten

24
Places



If you are a water lover, then this is the activity for you. During this multi-activity you will be participating in a variety of water based activities such as dinghy sailing, hawk sailing, wind-surfing, kayaking, gorge walking or (weather and tide permitting), paddle boarding. You will be taught by fully qualified instructors how to set up the sail boats, play games, racing, climb along cliffs and jump off rocks (safely)! Activities involve journey planning and skill development.

All equipment will be supplied. You will of course need to be able to swim and have lots of enthusiasm.

Transport is included.



Activity Leader	Mrs Smith
Total Cost	£210
Deposit due by 31st January	£70
Payment plan	£70 by 30.3.26, £70 by 29.4.26
Curriculum links & key skills	PE, Teamwork, Communication, Employability Skills, Fitness, Problem Solving, Personal Development
Useful Information	You should be confident in the water and able to swim at least 50m. Transport is included.

Wellness Week

30
Places



Wellness Workshops



Empowering activities to promote health and wellbeing of mind and body for all the Hele's Heros:

Energise your body with a day of sea swimming at the lido

Get in touch with your animal side at Dartmoor Zoo gardens

Let your inner beauty shine through with festival hair and make up tutorials



Activity Leader	Mrs Hallam
Total Cost	£75
Deposit due by 31st January	£35
Payment plan	£20 by 30.3.26, £20 by 29.4.26
Curriculum links & key skills	PE, Teamwork, Communication, Employability Skills, Fitness, Problem Solving, Personal Development
Useful Information	You should be confident in the water and able to swim at least 50m. Transport is included.

QUIZ

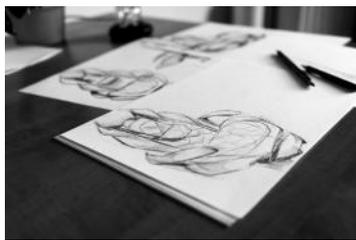


All Sorts of Everything

All Sorts of Everything

An assortment of mainly classroom based activities, including board games, knowledge quizzes from across the curriculum, some opportunities for outdoor learning such as sketching, photography, walks in local area or other activities to meet the needs of the group and expertise of the staff. We will finish the week with some team games and a shared lunch or picnic to send you off on your summer break in good spirits.

If you prefer to remain close to the school site and have a calm and purposeful week, closely linked to your lessons and curriculum, this is the activity for you. Any student who does not opt in to any of the other activities will be added to this one.



Activity Leader	Mrs Ayres
Total Cost	£5 Voluntary
Deposit due by 31st January	£5
Payment plan	
Curriculum links & key skills	Teamwork, Communication, Employability Skills, Problem Solving, Personal Development
Useful Information	

Enrichment 20th–22nd July 2026

All applications are being taken electronically. Please complete the link below with your 3 preferred choices.

[Enrichment 2026 – Fill out form](#)

The deadline for all applications is:
8am Monday 15th December

Places **will not** always be allocated on a first-come first served basis, although we will look at when applications are received where activities are over-subscribed. We will endeavour to meet the requests of as many students as possible across their 3 choices.

If you have any problems please do not hesitate to email
DyerP@heles.plymouth.sch.uk

Enrichment 20th–22nd July 2026

Over-subscription criteria

Sometimes we have more students signing up for trips than spaces available and so we've created criteria for allocating places.

In order of priority, for the Enrichment Week 2026, we will select to achieve a place for those:

- 1) In care
- 2) In receipt of Free School Meals
- 3) Eligible for Pupil Premium funding
- 4) with SEND
- 5) Who meet the deadline for return of applications

Within those priorities we will consider students:

- 1) In current Y9 over current Y8
- 2) In current Y8 over current Y7
- 3) We also seek to ensure a gender balance/ year group balance where appropriate.

Any places allocated where criteria alone can no longer be applied will be allocated using randomiser software (eg the randomiser feature on Excel)



Hele's School is part of Westcountry Schools Trust. Registered address: Harford Road, Ivybridge, Devon PL21 0AJ.
A charitable company limited by guarantee registered in England and Wales. Company number: 07398467

