

Committed Respectful Safe



- Best approach is to be fastidious with personal hygiene and hand washing
- Please follow the advice from Public Health England
- <https://www.gov.uk/government/collections/coronavirus-covid-19-list-of-guidance>

How serious is COVID-19 (coronavirus)?

- it can cause flu-like symptoms, including fever, cough and difficulty breathing
- the infection is not serious for most people, including children
- there is currently no vaccine
- most people get better with enough rest, water to drink and medicine for pain

How likely are you to catch the virus?

- you can only catch it if you have been close to a person who has the virus
- the chance of being in contact with the virus is currently low in the UK
- if you have travelled to areas where many people are infected, your chance of catching the virus is higher, i.e. China and any affected areas, see [pha.site/covid19-specified-areas](https://www.gov.uk/government/collections/coronavirus-covid-19-list-of-guidance)

How can you stop COVID-19 (coronavirus) spreading?

If you need to cough or sneeze



Catch it
with a tissue



Bin it



Kill it
by washing
your hands with
soap & water or
hand sanitiser

You should wash hands with soap & water or hand sanitiser



**After breaks
& sport
activities**



**Before
cooking
& eating**



**SCHOOL
ETC.**
On arrival at
any childcare
or educational
setting



**After using
the toilet**



**Before
leaving
home**



Try not to touch your eyes, nose, and mouth with unwashed hands



Do not share items that come into contact with your mouth such as cups & bottles



If unwell do not share items such as bedding, dishes, pencils & towels

Year 12 lessons will be postponed until Friday 27th March (rest of this term)

- Any new information will be posted on the school website so please keep checking this through the Easter holidays.
- Work will be set using ClassCharts so please ensure your account is working before leaving school today!
- Deadlines for work will be set and completion will be recorded on ClassCharts.
- Please remember Mr Fonseca's assembly on academic reading and use this time to access the reading list, this has been emailed to you.

Tasks will be varied, but may include:

1. Quizzing
2. YouTube clips, TED talks, film, podcasts
3. Reading an extract and commenting on it
4. Reading a text and many more.....

If you have any concerns then please see Mr Stone or Mrs Curtis, please also see Mrs Curtis if you do not have internet access at home.

Planning your time:



Planning Learning

Keep a record of what you are doing and plan what you will cover over the course of the day. Take time to record and review what you have covered at the end of the school day.

The plan can be a mix between specific activities that have been set, reviewing what has been learnt so far this academic year and what is being learnt in the current term.

Remember what work you do now will help for next year:

- Produce revision notes on your Year 12 work
- Create Knowledge Organisers
<https://www.heles.plymouth.sch.uk/page/?title=Knowledge+Organisers&pid=175>
- Create quizzes (quizlet/kahoot etc)

- Lessons will continue as normal.
- Consortium lessons have been cancelled.
- Please use the time whilst in school to ensure you have all the work needed to study at home over the Easter holidays.
- Please make sure you have your log in details for your classcharts account.
- Continue to check your school email account and the school website.
- Please see Mr Stone or Mrs Curtis if you are unable to access the internet at home.
- If you do not have a printer at home plan ahead and print exam papers, mark schemes and examiner reports.

Don't forget the 24/7 online support
available for you from Kooth.com



kooth

www.kooth.com



Keeping safe



- If you have any concerns about your own safety, or that of other students, during any period of school closure, please contact the school safeguarding team by emailing:

safeguarding@heles.plymouth.sch.uk



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Learning is best done in short chunks and then reviewed and revisited on more than one occasion, after the information or knowledge was first encountered. This is a process usually planned by teachers but can also be planned by learners.

Remember to make sure you keep revisiting work.

Typical Forgetting Curve for Newly Learned Information

